



GOOD GRIEF



V8-10 “For even if I made you grieve with my letter, I do not regret it—though I did regret it, for I see that that letter grieved you, though only for a while. As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us. For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death.”

Biblical Repentance

- 1) a true sense of guilt and sinfulness
- 2) an apprehension of God's mercy in Christ
- 3) an actual hatred of sin and turning from it to God
- 4) a persistent endeavor to walk with God in obedience to His word

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If Satan cannot keep you from regretting your sin, then he will do his best to keep you from enjoying your forgiveness.

God does not want His people to dwell endlessly in grief. The godly sorrow ought to be there but it ought not to stay there. If it does, it's owing to a lack of faith in the promises of God.

“Your sins have been forgiven” V48

“Your faith has saved you go in peace” V50

“No one who trusts
in Him will ever be
put to shame”!

Ro 10:11



Ps 19:7 “The law of the Lord is perfect,
reviving the soul”

Ps 23 “He leads me besides the still waters;
He restores my soul”



2 Cor 7:6 “But God, who comforts the downcast, comforted us by the coming of Titus”

A close-up, low-key photograph of a person's face, showing their eyes and a tear on their cheek. The lighting is dramatic, highlighting the texture of their skin and the intensity of their gaze.

“BLESSED ARE THOSE WHO
MOURN,
FOR THEY SHALL BE
COMFORTED.”

MATTHEW 5.4, CB NT P. 6

Matthew 26

1. He chose some friends to be with Him. **V37**
2. He opened His soul to them. **V38**
3. He asked for His friend's intercession" **V39**
4. He poured out His heart in prayer **V39**
5. He rested in the sovereignty of God. **V39**
6. He fixed His eyes on the future grace that awaited Him after the cross (God's promises to Him). **Heb 12:2**

V10 “For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death.”

V5 “For even when we came into Macedonia, our bodies had no rest, but we were afflicted at every turn—fighting without and fear within”

11:2–3 "I feel a divine jealousy for you, for I betrothed you to one husband, to present you as a pure virgin to Christ. But I am afraid that as the serpent deceived Eve by his cunning, your thoughts will be led astray from a sincere and pure devotion to Christ"

13:5 "Examine yourselves to see whether or not you are in the faith. Test yourselves. Do you not realize that Jesus Christ is in you? — unless of course you fail the test!"



2 Cor 7:10

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